

Well-Man Assessment – II

The Executive Plan

- Review of personal and family medical history.
- Complete physical examination.
- Electrocardiogram (E.C.G.) – 12 lead.
- Exercise Tolerance Test (Stress E.C.G.)
- Hearing Test (Pure Tone Audiometry)
- Lung Function Test (Spirometry)
- Eye tests:
 - Near, distant and colour vision
 - Phorias
 - Tonometer test for glaucoma
- Radiological studies:
 - X-ray of the chest (heart and lungs)
 - Plain X-ray of the abdomen (kidneys, etc.).
- Laboratory studies:
 - Haemoglobin
 - Red cell count
 - WCC & Differential
 - Erythrocyte Sedimentation Rate (E.S.R.)
 - Cholesterol, Total and HDL/LDL
 - Triglycerides
 - Glucose
 - Urea
 - Creatinine
 - SGOT
 - GGT
 - Urate
 - Sodium
 - Potassium
 - Acid Phosphatase, Total and Prostatic
 - Haematocrit
 - Indices
 - Platelets
 - Total Protein
 - Albumin
 - Total Bilirubin
 - HBD/CPK

- SGPT
 - Amylase
 - Calcium
 - Alk. Phosphatase
 - Inorg. Phosphate
- Thyroid Function Tests.
- Prostate Specific Antigen (PSA)
- Urinalysis:
 - pH
 - Albumin
 - Sugar
 - Microscopy
 - Bilirubin
 - Culture & Sensitivity
 - Ketones
- Stool exam. For parasites and occult blood.
- Appointment with a Consultant Physician on completion of all investigations.
- Written report of examination findings and recommendations.