

# Sharjah TV interview by Dr Rafik Abu Samra - Consultant, Cardiac surgery on Al Zahra Hospital Sharjah

Please find below the link for the TV interview by Dr. Rafik Abu Samra, Consultant, Cardiac Surgery on Sharjah TV (Alam Wa Amal Program)

Dr. Rafik spoke about “Arteriosclerosis – Causes, Symptoms and Treatment”.

<https://youtu.be/TGdFsfPo42Y>



مستشفى الزهراء الشارقة  
AL-ZAHRA HOSPITAL SHARJAH  
THE HEALING TOUCH  
اللمسة الشافية

ألمرو  
أمس

INTERVIEW ON ALAM WA AMAL



**DR. RAFIK ABUSAMRA**

Consultant, Cardiac Surgery  
Al Zahra Hospital Sharjah

Topic: Arteriosclerosis – Causes,  
Symptoms and Treatment

Date: 16/03/2019

# Sharjah TV interview by Dr Mohammed Fahmy, Consultant Orthopaedics on Al Zahra Hospital Sharjah

Dr. Mohammed Fahmy, Consultant Orthopaedics spoke on “Knee Replacement” in a TV interview on Sharjah TV (Alam Wa Amal Program).

Kindly view the interview via the link below :  
<https://youtu.be/TGdFsfPo42Y>



مستشفى الزهراء الشارقة  
AL-ZAHRA HOSPITAL SHARJAH  
THE HEALING TOUCH المؤسسة الطبية



INTERVIEW ON ALAM WA AMAL



**DR. MOHAMMED FAHMY**

Consultant, Orthopaedics

Al Zahra Hospital Sharjah

Topic: Knee Replacement

Date: 16/03/2019

# Article titled "Management of Abdominal Distension" by Dr. Anoop Kumar Joshi, Specialist, Gastroenterology, Al Zahra Hospital Sharjah in Hia Online Magazine

Please find below the link to the article titled "Management of Abdominal Distension" by Dr. Anoop Kumar Joshi , Specialist, Gastroenterology. The article was published in Hia online magazine.

<http://www.hiamag.com/node/922306#.XJE9J Sf18E.whatsapp>



INTERVIEW ON HIA MAGAZINE



**DR. ANOOP KUMAR JOSHI**

Specialist, Gastroenterology

Al Zahra Hospital Sharjah

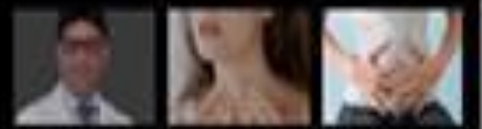
Topic: Management of Abdominal Distension

Date: 30/01/2019

## أسباب انتفاخ البطن الشديد والمستمر وطرق العلاج



دكتور أيمن المبحر



18:13 - 01/09/2019

👍 4



أسباب انتفاخ البطن الشديد والمستمر وطرق العلاج بطلعنا عليها اتصلنا أمراض الجهاز الهضمي الدكتور أيمن المبحر من مستشفى الزهراء بالشارقة ويقول: يُعد انتفاخ البطن من الأعراض الشائعة التي تواجه الأشخاص أمراض الجهاز الهضمي / الطبيب في ممارسته اليومية. ونورد هنا بعض التفاصيل عن هذا المرض.



# BURBERRY

تسويق

### آخر الأخبار

كارتيه لعنن عن أسماء المرشحات  
التجليات الـ 21 لـ "جوائز ميديا"  
النساء من كارتيه لعام 2019  
2019.08



أسئلة تطرح أبنيتها "شمس لوي"  
وهذه كواليس زيارتها للزوار لبيروت  
بعد أزمة المطار - فيديو وصور  
2019.10



صور أبريل لعين بالحباب ونوره  
رسالة بعد مشاركتها في حفل  
2019.10



# Radio Interview by Dr. Samia Wadie- General Practitioner, Al Zahra Hospital Sharjah on Monte Carlo Doualiya (MCD)

Dr. Samia Wadie, General Practitioner,  
spoke on “Seat belt safety tips ” in a Radio  
interview on Monte Carlo Doualiya (MCD)

Kindly find the link of the interview below:

<http://mc-d.co/1lzU.W>



مستشفى الزهراء الشارقة  
AL-ZAHRA HOSPITAL SHARJAH  
THE HEALING TOUCH  
الاصحة الشافية



INTERVIEW ON MONTECARLO RADIO MCD



**DR. SAMIA WADIE**

General Practitioner

Al Zahra Hospital Sharjah

**Topic: Seat belt safety tips**

Date: 12/03/2019

## **Hia Magazine Facebook Live Interview by Dr Ali Al Ghrebawi - Consultant General Surgery**

Please find below the link for the Facebook Live interview by Dr Ali Al Ghrebawi, Consultant General Surgery & Digestive Surgery on “All you need to know about colorectal cancer”.

The interviews was streamed live in the Hia Magazine Facebook page and was also shared on our Al Zahra Hospital Facebook Page.

<https://www.facebook.com/Hia.Magazine/videos/262212511385222/>







Hia Magazine

3 hrs • 🌐



لقاء مباشر مع د. علي الغريباوي  
استشاري جراحة عامة/ الجهاز الهضمي و المستقيم  
للتحدث عن أمراض القولون و المستقيم المزمنة و السرطانية  
الساعة ٣:٣٠ بتوقيت الإمارات  
الساعة ٢:٣٠ بتوقيت السعودية



ترقبونا اليوم  
في لقاء مباشر مع

**د. علي الغريباوي**

استشاري جراحة عامة/ الجهاز  
الهضمي و المستقيم

للتحدث عن أمراض القولون  
و المستقيم المزمنة و السرطانية

02:30 بتوقيت السعودية

03:30 بتوقيت الإمارات



Hia Magazine

## **Al Zahra Hospital Sharjah conducted In-house Orthopaedic and Rheumatology Campaign on 20<sup>th</sup> March 2019**

Al Zahra Hospital Sharjah conducted an in-house Rheumatology & Orthopaedics Campaign on 20th March 2019 from 07pm to 12 am.

The campaign had an attendance and participation of over 180. The campaign included blood check-up from ESR, CCP, Rheumatoid Factor and Anti-CCP in addition to BMI and Bone Densitometry.

Vouchers of the ongoing promotions were distributed to the patients and their relatives.

A special mention to the team effort by Nursing, Reception, Laboratory, Support Services and Housekeeping departments for ensuring a positive patient experience.

Mr Mahmoud Shabana and Mr Dennis Daniel from the marketing team complemented to the seamless execution of the event.



## **Al Zahra Hospital Sharjah conducted women's in-house health screening campaign on 23<sup>rd</sup> March 2019**

Al Zahra Hospital Sharjah conducted an in-house health awareness campaign on 23<sup>rd</sup> March 2019 from 07am to 10am.

Around 45 men & women attended the health screening campaign. The campaign included 25 screening tests along with GP consultation. Free Podiatry and Breast Checkup Consultation for women & Bone density screening for men.

Vouchers of the ongoing promotions were distributed to the patients and their relatives.

The event was highly appreciated by the patients.



# Case Report on Vacuum Assisted Biopsy (VAB) procedure by Dr Mentallah Tawfik, Specialist, Breast Radiology, Al Zahra Hospital Sharjah



The first Vacuum Assisted Biopsy (VAB) procedure with ultrasound guidance and under local anaesthesia without scar was done successfully at the Breast Care Unit of Al Zahra Hospital Sharjah. The VAB is an advanced biopsy system in which multiple tissue cores of breast are removed for histopathology by using vacuum and high speed rotator sharp cutter.

## Case report: Patient medical profile

56 years old female patient with a past history of liver transplantation. A non-surgical candidate as general anesthesia would compromise her health condition. The procedure itself lasted 20 minutes which included pre-procedure, Ultrasound and localization, local anesthesia, less than 3 mm skin opening, introducing of the needle and total suction removal of the whole lesion and the nearest mammary ducts to avoid recurrence.

The after care and compression took 5 minutes and the patient total stay at the hospital was 1 hour. The patient went home driving.

### **Indications for VAB:**

- Became standard procedure for micro-calcifications biopsy
- Advanced tru-cut biopsy with high success rate for suspicious lesions
- Total suction removal for benign lesions

### **Advantages of VAB:**

- It is minimally invasive done through a very small skin incision with no need of sutures and no scar
- Under local anesthesia
- Outpatient clinic procedure patient resume her regular life in one hour maximum, no need for admission
- Safe with minimal complications
- Infection control (disposable needles and tubes)
- Minimal after care (at home, no admission)
- Suitable for non-surgical candidates patients

